*Ocimum sanctum*

**Common Name** – Holy Basil (Tulsi)

**Family - Lamiaceae**

**Medicinal Value – Anti Bacterial**

*Aloe barbadnsis mill.*

**Common Name** - Aloe Vera (Ghritkumari)

**Family - Asphodelacea**

**Medicinal Value – Heals wounds**

*Cymbopogon flexosus*

**Common Name** – Lemongrass (Nimbu ghas)

**Family - Poaceae**

**Medicinal Value – Anti oxidant**

*Mentha arvensis.L.*

**Common Name** – Mint (Podina)

**Family - Lamiaceae**

**Medicinal Value - Cures Stomach-ache**

*Rauwolfia serpentine*

**Common Name** – Snakeroot (Sarpagandha)

**Family - Apocynaceae**

**Medicinal Value - Reduces High Blood Pressure**

*Carica papaya*

**Common Name** – Papaya(papita)

**Family - Caricaceae**

**Medicinal Value - Cures Constipation**

*Curcuma longa*

**Common Name** – Turmeric (Haldi)

**Family - Zingiberaceae**

**Medicinal Value - Anti Inflammatory**

*Cannabis sativa*

**Common Name** - Hemp

**Family - Cannabaceae**

**Medicinal Value - Anti Asthma**

*Zingiber officinale*

**Common Name** – Ginger (Adrak)

**Family - Zingiberaceae**

**Medicinal Value - Anti oxidant**

*Bryophyllum pinnatum*

**Common Name** – Stonecrops (Patterchatta)

**Family - Crassulaceae**

**Medicinal Value - Cures Cough**

*Mentha piperita*

**Common Name** –Peppermint (sthaayee)

**Family - Lamiaceae**

**Medicinal Value - Digestive**

*Achyranthes aspera Linn.*

**Common Name** – Prickly Chaff flower (Apamarga)

**Family - Amaranthaceae**

**Medicinal Value - Anti Inflammatory**

*Stevia rebaubiana*

**Common Name** – Sweet Leaf (Stevia)

**Family - Asteraceae**

**Medicinal Value - Anti diuretic**

*Perilla frutescens*

**Common Name** –Perilla (Bhangira)

**Family - Lamiaceae**

**Medicinal Value- Anti oxidant**

*Mimosa pudica*

**Common Name** – Touch me not(Chui-Mui)

**Family - Fabaceae**

**Medicinal Value - Cures Urogenital disorder**

*Solanum melongena*

**Common Name** –Brinjal (Bagaen)

**Family - Solanaceae**

**Medicinal Value - Anti oxidant**

*Plumbago zeylanica*

**Common Name** –Wild Leadwort (Jangalee seesa)

**Family - Plumbaginaceae**

**Medicinal Value - Anti Haemorrhoids**

*Moringa oleifera*

**Common Name** –Drumstick (Aamatee)

**Family - Moringaceae**

**Medicinal Value - Anti inflammatory**